

3N Sports Pricing

Pat Noles — Basketball Training

- **Individual Training** (1-3 players) - \$75 per hour or \$350 for a 5-hour package
- **Group Training (4-8 players)** - \$100 per hour
 - Group training must be paid up front in one transaction (no split payments)
- **NEW OFFER!!! Premier Training** (1-2 players) - \$150 per hour (Sundays only)
 - Each workout will consist of two coaches. filmed workouts and pro style methods to better your game.

Contact info: 614.595.0276 or pnoles54@gmail.com

Kris Snyder – Complete Athlete Training

Functional Movement Screen (FMS) for Injury Prevention & Corrective Exercise

- **Band Training** - Individual Training (1-3 players, for ages 13+) - \$70 per hour or \$300 for a 5-hour package
- **Functional Movement Screen (FMS) & Consult** - \$100
- **SO+ Fitness & Kickboxing** - weekly & monthly packages available, contact Kris for pricing

Contact info: 614.633.7179 or boom_sny@yahoo.com

James Field – Soccer Field Academy

- **Individual & Small Group Training** (1-3 players) - \$150 per session
- **Group Training** (4+ players) - \$30 per player, per session. \$150 minimum per session
- **Weekly Academy Membership**
 - College Prep U15 - U19 (training two times per week) \$215 per month
 - Elite Level U9 - U14 (training two times per week) \$200 per month
 - Junior level U9-U19 (training one time per week) \$125 per month

Contact info: 614.906.0567 or jfield@soccerfieldacademy.com

Delaney Cutteridge – Basketball Training

- **Individual Training** (1-3 players) - \$65 per hour, \$300/5 hours
- **Group Training** (4 player group) - \$80 per hour

Contact info: 614.832.8456

Jack Clement – Basketball & Personal Training

- **Individual Training** (1-3 players) - \$65 per hour, \$300/5 hours
- **Group Training** (4 player group) - \$80 per hour

Contact info: 937.441.8826 or jjclement25@gmail.com

Sam Nolan – Basketball & Personal Training

- **Individual Training** (1-3 players) - \$65 per hour, \$300/5 hours
- **Group Training** (4 player group) - \$80 per hour

Contact info: 614-353-2184 or snolan23@gmail.com